

Merry Christmas

*from the entire FIT family of facilitators, trainers,
developers, chaplains, and administrators*

Thank You!

**\$2,265 of \$5,000 Goal raised on
Giving Tuesday**

Because of you, we were able to end the year with the same level of service. There are new opportunities for us to lead and minister as we head into the new year.



from President Don Pratt:

Could you join me in increasing your support to FIT? Today, I increased my monthly support from \$25 to \$100 per month. I also wrote in 5% of the cash proceeds of my will to go to FIT. I really believe in the program and feel good about remembering it even in my death. I hope others will join me in these efforts.

Our income has taken a hit due to the COVID crisis. Every little bit helps!





FIT Conducts its First Webinar

FIT conducted its first educational webinar on December 12 with the topic of "What is Evidence Based and how does FIT address it"? John Woods, Gary Ensign, and Don Pratt were the presenters. This topic is of special interest to chaplains and administrators who must deal with outside agencies to approve their program. "Evidence based" are buzz

words in these circles.

Though this webinar is just our first one, more are being planned to cover a variety of topics. Some of these will include such things as facilitating strategies, updates to our curriculum, and instructional aids. You may view this webinar on our website at www.familyintegrity.org.

If you have topics you would like our webinars to include, email them to info@100hour.org. We have already received requests for curriculum tips and updates.

◇ Gary Ensign has been invited to present FIT program to students at Florida State University. He will address students in the Criminology department about the FIT program and how it addresses the rehabilitation of prisoners so that they don't re-offend.



◇ More institutions are opening up to FIT courses.

◇ Marion Correctional Institution in Ocala, FL, opened its doors to FIT classes for the first time using peer (inmate) facilitators. These inmates had been trained in other institutions but transferred there.

◇ Likewise, Sumter Correctional in Bushnell, FL is starting back up using peer facilitators there. Our regular volunteers are not going in due to the COVID situation.

◇ Chris Christiansen reports that a new dorm has opened up at Taylor Correctional. Perry, Florida and the FIT program is planned there.

◇ Don Pratt is updating our website with structural changes that will make navigation simpler and easier to understand.

Got any ideas you want to share with us about things that work for you?



Give us a call at 941.799.4975 or email us at fit@100hour.org. We might be able to use them in our support materials. We are looking for things like role plays, scenarios, and different techniques. We might be able to use them in some of our books, on our website, in this newsletter, or even in our training materials. A new, revised Anger Dynamics course will be coming out soon and it would be nice to add some resources to it.